



RIC Sports Program Summer Military Sports Camp SCHEDULE



*subject to change

Thursday August 9, 2012- Travel and Welcome

10:00-4:00pm	Travel and Arrivals Shuttle buses from ORD Check-in at Hotel
6:00-7:30pm	Welcome Reception and Dinner
7:30-8:30pm	Staff and Coaches Meeting (at hotel)

Friday August 10, 2012- Westinghouse High School

7:45am	Volunteers arrive on site for set up
8:00am	Buses load and depart for Westinghouse High School
8:45am	Athletes arrive on site
9:00am-10:30	Sport Rotations Group 1 Swimming Group 2 Archery Group 3 Wheelchair Basketball/ Judo Group 4 Biathlon
10:30am-12:00pm	Sport Rotations Group 4 Swimming Group 1 Archery Group 2 Wheelchair Basketball/ Judo Group 3 Biathlon
12:00pm-1:00pm	Lunch
1:00-1:30pm	Relax and Listen Educational Seminar
1:30-3:00pm	Sport Rotations Group 3 Swimming Group 4 Archery Group 3 Wheelchair Basketball/ Judo Group 2 Biathlon
3:00-4:30pm	Sport Rotations Group 2 Swimming Group 3 Archery Group 3 Wheelchair Basketball/ Judo Group 1 Biathlon
4:30-5:30pm	Dinner at Westinghouse
5:30pm	Load Buses and Return to Hotel
6:00pm	Free Evening to Explore the City
7:30pm	Staff/Coaches Meeting (at hotel)

Saturday August 11, 2012- Westinghouse High School

7:45am Volunteers arrive on site for set up
8:00am Buses load and depart for Westinghouse High School
8:45am Athletes arrive on site
9:00am-10:30 Sport Rotations
Group 1 Roller Hockey
Group 2 Field
Group 3 Power Lifting
Group 4 Tennis
10:30am-12:00pm Sport Rotations
Group 4 Roller Hockey
Group 1 Field
Group 2 Power Lifting
Group 3 Tennis
12:00pm-1:00pm Lunch
1:00-1:30pm Relax and Listen Educational Seminar
1:30-3:00pm Sport Rotations
Group 3 Roller Hockey
Group 4 Field
Group 1 Power Lifting
Group 2 Tennis
3:00-4:30pm Sport Rotations
Group 2 Roller Hockey
Group 3 Field
Group 4 Power Lifting
Group 1 Tennis
4:30-5:15pm Dinner at Westinghouse
5:15pm Load Buses for Shoreline Sight Seeing Tour
6:15pm Arrive at Shoreline Sightseeing- MUST BE ON BOATS BY 6:45
8:00pm Pick Up at Navy Pier and Return to Hotel

Sunday August 12, 2012- Outdoor Sports at Lincoln Park Boat Club

7:45am Volunteers arrive on site for set up
7:45am Buses load at hotel and depart for Lincoln Park Boat Club
8:45am Athletes arrive on site
9:00-11:30pm Sport Rotations
Cycling on the Lakefront(Groups 3&4)
Rowing and Kayaking (Groups 1&2)
11:30-12:30pm Lunch
12:30-3:15pm Sport Rotations
Cycling on the Lakefront(Groups 1&2)
Rowing and Kayaking (Groups 3&4)
3:15pm Return to Hotel and Prepare for Banquet
6:00-8:00pm Wrap Up Banquet